Neoadjuvant Hemithoracic Intensity Modulated RT: The "SMART" Approach for Malignant Pleural Mesothelioma

> John Cho 29 Oct 2013







Disclosures

None

Overview

- Asbestos
- Mesothelioma
- Evolution of Therapy
- SMART

Asbestos

- asbestos use dates back to 4500 years ago
 - Finnish pottery
- fabled fur of mythical salamander







Asbestos! The magic mineral of the Middle Ages. Today, still a "magic" mineral; fireproof, rot-proof, and practically indestructible. When combined with portland cement it is manufactured into products which are especially important on the farm, because they provide permanent protection against fire, weather, and wear. Read this folder. Learn how to put this magic mineral to work on your farm.











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KENT

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For good smoking taste, the smoke KENT





Asbestos



Chrysotile (white)

Amosite (brown)

Crocidolite (blue)





Brit. J. industr. Med., 1960, 17, 260.

DIFFUSE PLEURAL MESOTHELIOMA AND ASBESTOS EXPOSURE IN THE NORTH WESTERN CAPE PROVINCE

BY

J. C. WAGNER, C. A. SLEGGS, and PAUL MARCHAND

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(RECEIVED FOR PUBLICATION APRIL 24, 1960)





Resection

 early attempts at radical resection (pleurectomy/decortication, extrapleural pneumonectomy) universally disappointing

up to 30% perioperative mortality rate

up to 80% local recurrence rate

General Thoracic Surgery

A phase II trial of surgical resection and adjuvant highdose hemithoracic radiation for malignant pleural mesothelioma

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Background: Surgical resection of malignant pleural mesothelioma is reported to have up to an 80% rate of local recurrence. We performed a phase II trial of high-dose hemithoracic radiation after complete resection to determine feasibility and to estimate rates of local recurrence and survival.

Methods: Patients were eligible if they had a resectable tumor, as determined by

788 The Journal of Thoracic and Cardiovascular Surgery • October 2001





Figure 6. Overall survival of extrapleural pneumonectomy patients by stage.

Rusch. J Thorac Cardiovasc Surg 2001

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ORIGINAL REPORT

Trimodality Therapy With Induction Chemotherapy Followed by Extrapleural Pneumonectomy and Adjuvant High-Dose Hemithoracic Radiation for Malignant Pleural Mesothelioma

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A B S T R A C T

Purpose

Malignant pleural mesothelioma (MPM) remains associated with poor outcome. We examined the results of trimodality therapy with cisplatin-based chemotherapy followed by extrapleural pneumonectomy (EPP) and adjuvant high-dose (50 to 60 Gy) hemithoracic radiation therapy for MPM.

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Overall Survival



Fig 1. Cumulative survival of all 60 patients by intent-to-treat analysis.

Survival by Nodal Status and Therapy



Fig 2. Survival according to mediastinal nodal status (N2 disease) and completion of the entire trimodality regimen. The median survival of patients who had no mediastinal node involvement (N0 or N1 disease) and completed the entire trimodality therapy regimen was 59 months (n = 21). The median survival of patients who had no mediastinal node involvement (N0 or N1 disease) but did not complete the entire trimodality therapy regimen was 8 months (n = 18). The median survival of patients with histologically proven N2 disease who completed the entire trimodality therapy regimen was 12 months (n = 9). The median survival of patients with histologically proven N2 disease who did not complete the entire trimodality therapy regimen was 14 months (n = 12).

Recurrences after Trimodality Therapy

- Recurrences
 - 16/30 patients4Ipsilateral chest:4Pericardium:1Peritoneum:5Contralateral chest:4Chest and peritoneum:2

Recurrences after Trimodality Therapy

- Recurrences
 - 16/30 patientsIpsilateral chest:4Ipsilateral chest:1Pericardium:1Peritoneum:5Contralateral chest:4Chest and peritoneum:2

Rationale for Neoadjuvant Therapy

- to down stage tumour to improve resectability
 - $R+ \rightarrow R0$
- to reduce local failure
 - sterilize "high risk" margins
- to reduce distant failure?



Neoadjuvant Hemithoracic RT

- large, complex volumes
- optimal fractionation and scheduling unknown
 - 45 Gy/25 fx x 5 w then EPP at 4 weeks?
 - risk of radiation pneumonitis?

Surgery for Mesothelioma After RT





- accrual completed 10/2012
- 25 patients (19 males, 63±8 years old, 21 right sided tumors)
- all patients completed IMRT and EPP
- IMRT well tolerated with no grade 3-5 toxicity
 - limited to nausea, fatigue

- EPP performed 6±2 days after completion of IMRT
- no deaths within 30 days of surgery or inhospital
- at least 1 complication occurred in 18 patients during follow-up after surgery

Table. Complications occurring after induction IMRT and EPP						
	Grade 0	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Thromboembolic event	22	0	1	1	1	0
Atrial fibrillation	15	0	5	5	0	0
Wound infections	22	0	2	1	0	0
Chylothorax	23	0	0	2	0	0
Hemothorax	24	0	0	0	1	0
Wound dehiscence	21	1	2	1	0	0
Renal dysfunction	24	0	0	1	0	0
Pneumonia	24	0	0	0	1	0
Empyema	23	0	0	1	0	1
Bronchopleural fistula	25	0	0	0	0	0



- median survival: 13 months
- median FU: 18 months
- overall 3-year survival: 62%
- significantly better OS for epithelial compared to biphasic MPM subtype (p=0.004)
 - OS at 3 yrs, 83% for epithelial (16) and 19% for biphasics (9)



- 10 patients developed recurrence
 - ipsilateral chest only (n=2)
 - ipsilateral chest and distant sites (n=2)
 - distant sites only (n=6)

What we've learned

- short neoadjuvant hemithoracic RT followed by EPP for resectable MPM is feasible and safe
 - requires high degree of cooperation and coordination between surgical and radiotherapy teams
 - high rates of patient compliance

What we've learned

- radiotherapy continue to evolve and adapt as we optimize technique
 - well tolerated → extending target volume to thoracic outlet and diaphragmatic attachments
 - include high risk areas such as chest tube sites, retroperitoneal nodes → avoid geographical misses









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Thank you for your attention